

日	月	火	水	木	金	土
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

便利なリンク集	
Student Resources	各クラスの動画・プリント
Let's Go Videos	小学生用の動画・単語
Quizlet	フラッシュカード
Oxford Owl	絵本多読サイト

WHERE DO YOU CHOOSE TO STAND?

Every year on January 15th - Martin Luther King Day, I reflect on the words of Dr. King. As war rages in Ukraine and Gaza, this year I chose to re-read his speech entitled "Beyond Vietnam", given on April 4th, 1967 - exactly one year before he was assassinated. One part of the speech, whenever I read it, fills me with emotion and forces me to reflect upon my life.

"The ultimate measure of a man is not where he stands in moments of convenience, but where he stands in moments of challenge, moments of great crisis and controversy."

He was talking about his unpopular, widely-criticized stance regarding the Vietnam war, but his words are just as applicable to us under different circumstances today.

In this season many children and young adults receive news that changes the course of their life - entrance examination results. Whether it be for elementary school, junior high school, high school or university, the choices we make and consequences thereof shape who we become, and play a decisive role in our future lives. While many students are filled with tears of joy and relief, countless others are filled with tears of disappointment and despair. In their minds, society has separated them into "Winners" and "Losers", and they ended up on the losing side. It is our job as parents to encourage and support our children at these vulnerable moments in life.

Japan's youth suicide rate hit the [highest level on record in 2022](#), with 514 people under 18 taking their own life. It's important to understand this statistic does not mention the number of *attempted* suicides - only the successful ones. The [main reasons](#) reported were family discord (10.5%), worry about the future (9%), reprimanded by parents (8.3%) with academic underachievement (5.4%). These causes are somewhat misleading, since in 62% of cases, there is no motive given - yet it is fair to assume "worrying about the future", being "reprimanded by parents" and more generally "family

discord" are quite possibly related to parents reactions to "academic underachievement". How are we to react to disappointing test results, failed entrance exams and fading dreams of our kids getting into a coveted academic institution?

This brings me back to the words of Dr. King. In these moments of disappointment in our children, these moments of despair and emptiness, what is the best course of action? Where do you choose to stand as a parent at this time of trial? Do you choose the role of comforter and counselor, or prosecutor and judge? At some point in our lives we are all forced to take a stand. Sometimes, in hindsight, we realize it may have been the wrong one. Yet, mistakes are not failures. Let me explain:

I sometimes think the GPS in my car is a bit like life. Have you ever been following the GPS and accidentally taken a wrong turn? What does the GPS do? It course-corrects, and you end up at the same goal, albeit by a different route than you originally planned. Life is similar. If your child couldn't enter the school they hoped to enter, what can you do? You course-correct. Supplement school with an opportunity to pursue more extra-curricular activities such as [study-abroad](#) or [volunteer work](#). Opportunities for personal and academic growth are endless, regardless of what school you end up attending. More important is an attitude of perseverance, and the unconditional love and support of parents.

以下の記事は ChatGPT による自動翻訳です。

あなたはどうお考えですか？

毎年 1 月 15 日、マーティン・ルーサー・キング・デーになると、私はドクター・キングの言葉に思いを馳せます。ウクライナとガザで戦争が続く中、今年は彼が 1967 年 4 月 4 日に行った「ベトナムを超えて」と題されたスピーチを再読することにしました。このスピーチの一部は、いつ読んでも私に感情を抱かせ、自分の人生について考えさせられます。

*「人間の究極の尺度は、都合の良い瞬間ではなく、
課題の瞬間、大きな危機や論争の中でどこに立っているかだ。」*

彼はベトナム戦争に関する彼の不人気で広く非難された立場について語っていましたが、彼の言葉は今日の異なる状況にも同様に当てはまります。

この時期に多くの子供たちや若者が人生の方向を変えるニュースを受け取ります - 入学試験の結果です。小学校、中学校、高校、または大学のどれであれ、私たちが選び、それに伴う結果は私たちがどうなるかを形作り、将来の人生に決定的な役割を果たします。多くの生徒が喜びと安堵の涙に溢れる中、無数の他の人々は失望と絶望の涙に満ちています。彼らの心では、社会は彼らを「勝者」と「敗者」に分け、彼らは敗者側に結ばれてしまったと感じています。これら人生の脆弱な瞬間に、親として私たちの仕事は子供たちを励まし、サポートすることです。

2022年、日本の若者の自殺率は過去最高に達し、18歳以下の514人が自ら命を絶ちました。この統計は自殺未遂の数を示していないことが重要です - 成功した自殺だけを指しています。報告された主な理由は家族の不和(10.5%)、将来への不安(9%)、親からの叱責(8.3%)、学業の不振(5.4%)でした。これらの原因はやや誤解を招くものであり、ケースの62%では動機が示されていません。それでも「将来への不安」、「親からの叱責」、そしてより一般的には「家族の不和」が「学業の不振」への親の反応と関連している可能性が高いと仮定することは公平です。失望の試験結果、失敗した入学試験、子供たちが憧れの学校に入る夢が消える瞬間に、私たちはどのように反応すべきか？

(一部省略)

子供が望んでいた学校に入れなかった場合、あなたは何ができるでしょうか？コースを修正することです。学校のレベルに不満があるなら塾に通わせます。留学やボランティア活動などの課外活動を追求する機会として活用することもできます。人生のコース修正には新たな発見もあるのです。親として重要なのは、無条件に愛し、心のサポートをすることです。

February: Fruits and Places

Vocabulary 単語 [ここで発音を確認!](#)

Kangaroo	• Banana ばなな • Melon めろん	• Apple りんご • Orange みかん
Koala	• Strawberry いちご	• Grapes ぶどう
Step 1	• Airport 空港 • Post Office 郵便局	• Restaurant レストラン • Hospital 病院
Step 2	• Police Station 警察署 • Gas Station ガススタンド	• Fire Station 消防署 • Train Station 駅
Step 3	• Elementary school 小学校	• Library 図書館

Fruits and Taste フルーツと味

A bunch of bananas / grapes etc. バナナひと房
<u>Peel</u> the skin off before you eat it. 皮をむいて食べるんだよ。
Don't <u>swallow</u> the seeds. 種を飲み込まないでね。
Can you eat a whole apple? りんご、全部食べれる?

Places 職場とよく行く場所

Let's go to the library! 図書館に行こう
Do you want to <u>borrow</u> a book. 本、借りる?
I'm going to <u>pop into</u> the supermarket. ちょっとスーパーに寄るね。
A firefighter <u>works at</u> a fire station. 消防士は消防署で働くよ。

2月の手遊び

Kangaroo

Open Shut Them [動画はこちら](#)

Open shut them, open shut them.

Give a little clap, clap, clap.

Open shut them, open shut them.

Put them in your lap, lap, lap.

Big and small. Big and small.

Big, big, big, big, small, small, small. X 2

Please/No thank you. Please/No thank you.

Please, please, please, please. No thank you. X 2

Fast and slow. Fast and slow.

Fast, fast, fast, fast, slow, slow, slow X 2

Loud and quiet. Loud and quiet.

Loud, loud, loud, loud. Shh! Quiet. X 2

Peek-a-boo. Peek-a-boo.

Peek-a, peek-a, peek-a-boo! X 2

Koala, Step 1

Rock Scissors Paper [動画はこちら](#)

Rock, scissors, paper, Rock, scissors, paper, 1, 2, 3. Play with me.

1. Right hand PAPER. Left hand PAPER. It's a butterfly!
2. Right hand SCISSORS. Left hand SCISSORS. It's a crab!
3. Right hand ROCK. Left hand SCISSORS. It's a snail.
4. Right hand PAPER. Left hand PAPER. It's a lion!

Step 2 - 3

Where is Thumpkin [動画はこちら](#)

Where is Thumpkin※, where is thumpkin

Here I am, here I am

How are you today sir?

Very well I thank you.

Run away, run away!

Thumbkin = 親指

Tall man = 中指

Baby = 小指

Pointer = 人差し指

Ring man = 薬指

All the men = すべての指

2月の歌

Mummy and Me 1 Kangaroo

Walking Walking [動画はこちら](#)

Walking walking, walking, walking

Hop hop hop, hop hop hop

Running running running

Running running running

Now let's stop! Now let's stop!

Mummy and Me 2 Koala / Preschool Step 1

Seven steps [動画はこちら](#)

One, two, three, four, five, six, seven X 2

One, two, three, one, two, three,

One, two, three, four, five, six, seven,

One, two, three, one, two, three,

One, two, three, four, five, six, seven,

Preschool Step 2 / Step 3

Looby Loo [動画はこちら](#)

Here we go looby loo, Here we go looby light,

All on a Saturday night

You put ○○ in, you put your ○○ out.

You give your ○○ a shake shake shake and turn yourself about.

1. Right hand 2. Left hand 3. Right foot 4. Left foot 5. Head 6. Whole self

Elementary 低学年

Say Cheese [動画はこちら](#)

Let's take a picture, you and me.

Look at the camera, 1 2 3.

Let's take a picture, you and me.

Look at the camera, say cheese!

Okay...let's make a happy face. Ready? Cheese!

1. Happy 2. Funny 3. Scary