

## 35. Tired



1	<b>I'm exhausted.</b>	<i>I've been worrying about so many things lately. I'm mentally exhausted.</i>
2	<b>I'm dead tired.</b>	<i>I had to work 15 hours today, and am dead tired.</i>
3	<b>I'm pooped.</b>	<i>I just finished my training session at the gym, and I am pooped!</i>
4	<b>I'm spent.</b>	<i>I'm spent after running that marathon.</i>
5	<b>I'm beat.</b>	<i>Whew, that was a hard walk. I'm beat.</i>
6	<b>I'm running on fumes.</b>	<i>I don't know how much longer I can continue. I'm running on fumes.</i>
7	<b>I can hardly keep my eyes open.</b>	<i>I want to watch the end of the movie, but I can hardly keep my eyes open.</i>
8	<b>I'm off to bed.</b>	<i>Okay guys, I'm tired so I'm off to bed.</i>
9	<b>I'm gonna hit the sack.</b>	<i>I'm gonna hit the sack now. I'm dead tired.</i>
10	<b>It's bedtime for me.</b>	<i>Well, it looks like it's bedtime for me.</i>
11	<b>I have to get my beauty sleep.</b>	<i>Oh look at the clock. Time to get my beauty sleep.</i>

What to say to a tired person.

12	<b>Can I get you a coffee?</b>	<i>You look so sleepy. Can I get you a coffee?</i>
13	<b>You look like you need a rest.</b>	<i>You look exhausted. I think you need a rest.</i>
14	<b>You work too hard.</b>	<i>I really think you work too hard. It's not good for your health.</i>
15	<b>Here, come and sit down.</b>	<i>Hey, just come over here and sit down for a minute and take a break.</i>
16	<b>How about a break?</b>	<i>Guys, we've been studying for over 3 hours. How about a quick break?</i>

- What makes you tired?
- What do you like to do when tired?